

Relentlessly towards Excellence

RAJAGIRI COLLEGE OF SOCIAL SCIENCES (AUTONOMOUS)

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AN INITIATIVE OF THE DEPARTMENT OF SOCIAL WORK



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FRESHER'S DAY 2K24



The BSW 2nd years hosted "Retrograde", a vibrant Fresher's Day event for the BSW 1st year Batch 2024-28 with a nostalgic 80s and 90s theme. The venue was alive with retro decorations, music, and colourful outfits reminiscent of the era. Students participated in energetic dance performances, hilariously hosted games, and a fashion show styled by the new students embarking on their social work academics. The event not only welcomed the newcomers with warmth and enthusiasm but also created a lively atmosphere that encouraged bonding among the students new and old, making it a memorable start to their college journey.

PARISTHITI MITHRA AWARD CEREMONY



On August 12, 2024, the Encon Club of Rajagiri College of Social Sciences participated in the Paristhiti Mithra Award Ceremony 2023, organized by the Centre for Environmental Education and Rural Development (CEERD) of St. Stephen's College, Uzhavoor. This ceremony was initiated by the college to honor winners for conducting environmental programs and promoting sustainable development in the state. Rajagiri College of Social Sciences received the award at the institutional level for its outstanding contribution to environmental education, protection, conservation, and sustainable development in Kerala during the year 2022-23. The awards were distributed by the Honorable MP of Kottayam, Adv. Francis George.

NSS TWO DAY RESIDENTIAL LEADERSHIP CAMP



The National Service Scheme (NSS) plays a vital role in fostering community service, social responsibility, and leadership among youth. To enhance the capabilities of NSS volunteer secretaries, a 2-day residential leadership camp was organized at St. Peter's College, Kolenchery, on August 16th and 17th, 2024. Student participation was a hallmark of the 2 days residential leadership camp for NSS volunteer secretaries, with 257 enthusiastic volunteer secretaries from 80 various colleges actively engaging in the camp activities.

ROTARACT CLUB INSTALLATION CEREMONY



Installation ceremony of Rotaract Club was conducted on 23rd August 2024 by the department of social work of Rajagiri College of Social Sciences. The program commenced at 2 pm and came to an end by 3.00 pm.

Alvina Thanikal, as the President of the Rotaract Club of RCSS, played a pivotal role in leading the club and overseeing the installation ceremony. Rtn. Karthik Chandrashekhar, the President of the Rotary Club of Cochin Beachside, brought his experience and guidance to the event. Rtn. Praharsh, serving as the immediate Past President, was present for the installation ceremony. During the event, Rtn. Unnikrishnan, the Secretary, delivered a heartfelt felicitation alongside Dr. Kiran Thampi, the Head of the Social Work Department, ensuring a memorable occasion for all attendees.

WAYANAD RELIEF DRIVE

On August 24th, in response to the devastating landslides in Wayanad, the Social Work Dept, in collaboration with the Encon club NSS, Rotaract Club, and Youth Red Cross, organised a relief drive to collect essential materials for the affected region. The items gathered included packed food, unused clothing, sanitary pads, water, bed-sheets, soap, toothpaste, toothbrushes, and other necessary supplies. These materials were collected at 1 PM near the basketball court and subsequently handed over to the NGO Goonj, which is actively involved in the Wayanad relief efforts.

SEMINAR: BREAST FEEDING - MYTHS AND FACTS



In celebration of World Breastfeeding Week 2024, a Seminar on debunking breastfeeding myths was held at Carmel Hall on 22 August 2024 at 3pm. The seminar featured speakers including Mrs Mini Damodaran , Child Development Project Officer (ICDS- CDPO) and Dr. Indu A, Ayurveda Physician. This year the World Breastfeeding Week was observed on the theme “ Closing the Gap: Breastfeeding Support for All”. Myths and misconceptions, dietary restrictions, breastfeeding frequency and other common concerns regarding breastfeeding were discussed. Dr. Indu also spoke about the benefits of breastfeeding, correct techniques of breastfeeding (positioning and latching).

SWARAJ: AN OVERVIEW OF SOCIAL WORK IN UK

The Swaraj session with Miss Soosan Philip on August 13, 2024, at Carmel Hall, covered an overview of social work in the UK. Miss Philip, a social work academic from the University of Northampton, shared insights on opportunities, key areas, and essential skills for social workers in the UK. The session, introduced by Dr. Kiran Thampi and MSW 1st-year coordinator Anagha T M, concluded with an engaging Q&A.

VIKAS SAMVAD



RAJAGIRI COLLEGE OF SOCIAL SCIENCES
(AUTONOMOUS) KALAMASSERY

DEPARTMENT OF SOCIAL WORK

NGO Connect Discussion Series # 33

Vikas Samvad



Febin Saji
Chapter Organiser, Make A Difference
Cochin Chapter



Anugra Anna Shaju
Community Organiser, Make A Difference
Cochin Chapter

25-07-2024

3:00pm - 4:00pm

On Zoom Platform

On 25th July 2024 at 3 PM, Vikas Samvad, in collaboration with Make A Difference (MAD), featured Ms. Anugra Anna Shaju, Project Officer at MAD's Kochi chapter. The session provided insights into MAD's efforts to support children in need through education, life skills, and mentorship. The discussion highlighted volunteering opportunities and the organization's impact on empowering underprivileged children. A Q&A session followed, where students' queries were addressed, offering them a deeper understanding of MAD's mission and opportunities.

INDIAN COUNCIL OF SOCIAL WELFARE
KERALA STATE BRANCH

RCSS
RAJAGIRI COLLEGE OF SOCIAL SCIENCES

**Rajagiri College of Social Sciences
(Autonomous) Kalamassery**
Department of Social Work in Collaboration
with Indian Council of Social Welfare-Kerala
invites you to
NGO Connect Discussion Series
Vikas Samvad #34
*'Greener Future with Zero Waste:
Learning from the Vedan Trust's Model of Waste Management'*

Speaker

Ms. Suhasini
Project Coordinator, Vedan Trust, Bengaluru

01/08/2024
3.00 PM - 4.00PM
Click here to enter Zoom Meeting
Meeting ID: 895 7798 3726
Passcode: rcss

On August 1, 2024, the Department of Social Work, in collaboration with the Indian Council of Social Welfare-Kerala Chapter, organized episode 34 of Vikas Samvad via Zoom. The session featured Suhasini Hathwar, Project Coordinator at Vedan Trust, Bengaluru. Students and faculty attended to learn about how daily actions affect the environment, particularly wildlife. The talk also offered insights into Vedan Trust's work and contributions. The discussion focused on implementing an effective waste management model and the urgent need for adopting sustainable practices. The session concluded with an

interactive Q&A, where Miss Suhasini shared more about her journey and achievements.

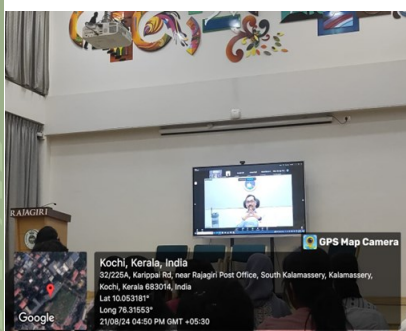
SOCIAL INNOVATION SUMMIT '24



The Social Innovation Summit '24, held on 26th-27th July at Le Meridien Kochi and organized by HiFiC Consultancy under the National NGO Confederation, focused on CSR fundraising and innovative approaches to social startups. The

1st-year MSW students from Rajagiri Outreach attended, along with notable participants like National NGO Confederation Coordinator Ananthu Krishnan, CSR advisor Nikhil Pant, Nari Gunjan founder Sudha Varghese, and HCL Foundation Manager Robin G. Thomas. The event also saw the inauguration of the Sahayog app by MP Hibi Eden, aimed at raising CSR awareness and addressing societal challenges.

SEMINAR : ROLE OF SOCIAL WORKERS IN SUICIDE PREVENTION



To celebrate 5th National Social Work Week the Department of Social Work in collaboration with National Association of Professional Social Workers In India (NAPSWI), a webinar on suicide prevention was held via zoom on 21 August at 4:00 pm. The webinar was on the topic " Safe Schools, Resilient Students: Role of Social

Workers in Suicide Prevention" Dr Anish V Cherian, Additional Professor, Department of Psychiatric Social Work, NIMHANS served as the keynote speaker at the webinar. The session centered around answering questions posed by the student representative Miss Tania, from PGDCSW. Facts and resources on suicide prevention, reducing the risk factors and improving the resilience of students etc were the major areas of focus. Principal Dr. Saju MD, faculty coordinators Dr. Kiran Thampi, Dr. Anish K R, and Dr. Rajeev S P, along with other faculty members and students from the Department of Social Work, attended the webinar.

RAJAGIRI GULLY SHOWDOWN 2.0



On August 22 and 23, 2024, the Department of Physical Education organized the inter-department cricket tournament, "Rajagiri Gully Showdown 2.0," which brought together students from various departments for a spirited competition. The tournament was inaugurated by Dr. Ann Baby, the Dean of Student Affairs, who emphasized the importance of sports in fostering teamwork and camaraderie among students. Over the two days, the event saw intense matches, with each team showcasing their skills and sportsmanship. On the final match, the department of Social Work won the tournament. The tournament concluded with a prize distribution ceremony, where the Assistant Director of RCSS, Dr. Rev. Shinto Joseph CMI awarded the winning team with the championship trophy, praising their dedication and enthusiasm throughout the event. The success of "Rajagiri Gully Showdown 2.0" highlighted the vibrant student community and the importance of extracurricular activities in enriching campus life.

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